



# Aarhus Chinese Cultural Association

以武会友

## Children's Chinese Kung Fu class

以德服人

Chinese Kung Fu: Martial art is a treasure of Chinese culture. As the survival skills of the Chinese people, Chinese traditional martial arts, with the development of Chinese history and civilization, have gone through thousands of years of trials and tribulations.

### Why should children be trained in Chinese martial arts Kung Fu?

By participating in children's martial arts Kung Fu training, children can practice together with other children and improve their physical and mental skills. They will be taught all the core elements of Kung Fu in body, spirit and mind. In addition, the coach will hold some friendly competitions from time to time, the competitions are intended to cultivate the children's competitive consciousness, strengthen self-confidence, and improve children's discipline, make them more optimistic, cheerful and focused.





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When: Starting on October 7<sup>th</sup> to Dec 16<sup>th</sup> , 2018, every Sunday from 1100 – 1200 (each session 50 minutes)

Where: N.J. Fjords Gade 2, 8000 Aarhus

If you come by car: Two hours free parking is available nearby. If you come by train: 10 minutes' walk from Aarhus Central train station

Number of participants: min. 8, maximum 20, waiting list will be made available.

Cost: 30kr/lesson. There will be total 11 lessons with a total cost 330kr, The total cost will be paid at registration time.

Contact: Daili

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奥胡斯中国文化协会

以武会友

# 儿童 武术班

以德服人

武术是中华民族文化宝库中的瑰宝。作为中华民族炎黄子孙的生存技能，中国传统武术伴随着中国历史与文明发展，走过了几千年的风雨历程。学习武术，可以让我们从身到心、由魂到魄得到提升而充满安全感。

通过参加少儿武术培训提高孩子们的沟通能力、通过参加比赛培养孩子们的竞争意识，增强自信心，使他们更加乐观开朗。

时间：10月起每周日11:00-11:45

地点：N. J. Fjords Gade 2

费用：30kr/课，至12月份共11堂课330kr，注册时一次缴清。报名满8人开班

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