

Soft-landing in Denmark

for international employees who are about to move to Denmark



You have recently arrived in Denmark and are still overwhelmed by many questions about the country, you have chosen to move to: Why do the Danes behave as they do? How are children welcomed and what is expected of me as a parent in Danish schools and kindergartens? How do I navigate in the Danish language? What is a “Resilient Expat” and how do I become one? What is the work culture like? How do I find a job or get engaged in a network or association? What does the Danish kitchen offer and what do I find in the supermarkets?

Soft-landing in Denmark offers a valuable onboarding experience.

You and your family – adults and children – get an introduction to the many quirks, strange behavior and cultural challenges that lie ahead. From simple things like shopping and what credit cards to use to more complicated things like daycare and schools, social behavior at the workplace and the art of networking. The course brings together a variety of experts, anthropologists and coaches and you will meet other families that are about to start their lives in Denmark.

The Workshops

Wednesday – August 9 2017

Welcome and boarding Breakfast and boarding. A tour around the school grounds and facilities. Presentation of the Danish “Folkehøjskole”

by SlaterConsult and Odder Højskole

The Resilient Expat How to maintain your and your family’s mental well being during an international assignment.

By Kelly Pacheko, Family Therapist

Meet the Danes Zoom in on the Danes and find out what’s moving them.

by Dennis Nørmark, Anthropologist

Danish language and peculiarities An introduction to the strange Danish language, to its sounds and pronunciation.

By Helge Teglgard, Lecturer at Odder Højskole

Danish Art We have a brief look at the Danish art scene and some of its best-known artists

By Mogens Kæseler, Art Historian

Walk with guide We finish our first day with a walk in Odder with focus on networking and family time.

By SlaterConsult

Thursday - August 10

The Danish Labor Market Insights about the Danish work culture including tips & tricks for job search and networking

By Lone Skriver, International mobility specialist

My Danish Family

Inspiration for raising multilingual homes, creating your own family network, merging international & local social circles and tackle the Danish language when not mastering it at all!

By Daniela Trifiletti, Founder of My Danish Family

Everything about Children

Daycare, kindergarten, school, after school activities, birthdays, lunch boxes, expectations to the parents and much, much more about the art of having children in Denmark.

By Tiny Maerschalk, International Community

The Danish Kitchen

Get acquainted with some of the Danish food traditions and the role of the kitchen in Danish homes. Shopping - supermarkets, fresh markets, specialties - Danish foods that you may not know.
By Hanne Krogh, Kitchen Chef, Odder Højskole

Gender roles and Dating Culture

The pattern of traditional gender roles in Scandinavia has undergone a revolution over the past 50 years. A humorous lecture on gender roles in Denmark seen from a male and female perspective.
By Helle Fjord, Sexologist and Couple's Therapist

Friday – August 11

Everyday Life Survival kit for your life in Denmark.

By Tiny Maerschalk, International Community

Explore Eastern Jutland

Field trip for adults and children. We will go for a bus ride through the countryside and enjoy the landscape while learning about history, geography and cultural traditions.

By Søren Winther Larsen, Head Master, Odder Højskole

Learn more about each workshop at <http://www.odderhojskole.dk/en/en/softlanding-in-Denmark>

For further information: Contact Lone Skriver (lsp@slaterconsult), phone: 7175 0442

Seminar language: English

(Minor changes to the program may occur)

	Day 1 August 9		Day 2 August 10		Day 3 August 11		Day 4 August 12	
	Adults	Children	Adults	Children	Adults	Children	Adults	Children
7.00			BREAKFAST					
8.45	Welcome and boarding		The Danish Labour Market	Lunch Traditions	Everyday Life	Ceramics exhibition	Folk Dance and Departure	
10.15	The Resilient Expat		My Danish Family		Field Trip: Explore Eastern Jutland			
12.00	LUNCH							
13.30	Meet the Danes	Time to be creative	Everything about kids	Ball Games				
15.00	COFFEE							
15:30	Danish Language and peculiarities	Time to be Creative	The Danish Kitchen	Choir – Danish Song	Preparations for the International Dinner	Choir Rehearsal		
17:00	Danish Art		Dinner preparations					
18.00	DINNER							
19:30	Walk with Guide		Gender Roles and Dating Culture	Movie Night	International Dinner & Party w. songs, exhibitions and much more			