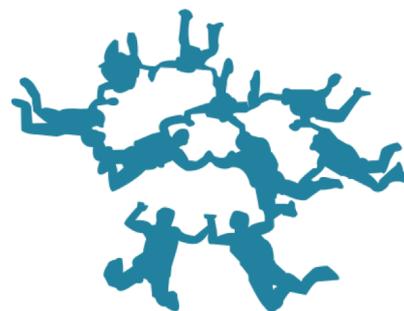


# Soft-landing in Denmark

*for international employees who are about to move to Denmark*



You have recently arrived in Denmark and are still overwhelmed by many questions about the country, you have chosen to move to: Why do the Danes behave as they do? How are children welcomed and what is expected of me as a parent in Danish schools and kindergartens? How do I navigate in the Danish language? What is a “Resilient Expat” and how do I become one? What is the work culture like? How do I find a job or get engaged in a network or association? What does the Danish kitchen offer and what do I find in the supermarkets?

*Soft-landing in Denmark* offers a valuable onboarding experience.

You and your family – adults and children - get an introduction to the many quirks, strange behavior and cultural challenges that lie ahead. From simple things like shopping and what credit cards to use to more complicated things like daycare and schools, social behavior at the workplace and the art of networking. The course brings together a variety of experts, anthropologists and coaches and you will meet other families that are about to start their lives in Denmark.

## The Workshops

### Wednesday – August 9 2017

**Welcome and boarding** Breakfast and boarding. A tour around the school grounds and facilities. Presentation of the Danish “Folkehøjskole”

*by SlaterConsult and Odder Højskole*

**The Resilient Expat** How to maintain your and your family’s mental well being during an international assignment.

*By Kelly Pacheko, Family Therapist*

**Meet the Danes** Zoom in on the Danes and find out what’s moving them.

*by Dennis Nørmark, Anthropologist*

**Danish language and peculiarities** An introduction to the strange Danish language, to its sounds and pronunciation.

*By Helge Teglggaard, Lecturer at Odder Højskole*

**Danish Art** We have a brief look at the Danish art scene and some of its best-known artists

*By Mogens Kæseler, Art Historian*

**Walk with guide** We finish our first day with a walk in Odder with focus on networking and family time.

*By SlaterConsult*

### Thursday - August 10

**The Danish Labor Market** Insights about the Danish work culture including tips & tricks for job search and networking

*By Lone Skriver, International mobility specialist*

### My Danish Family

Inspiration for raising multilingual homes, creating your own family network, merging international & local social circles and tackle the Danish language when not mastering it at all!

*By Daniela Trifiletti, Founder of My Danish Family*

### Everything about Children

Daycare, kindergarten, school, after school activities, birthdays, lunch boxes, expectations to the parents and much, much more about the art of having children in Denmark.

*By Tiny Maerschalk, International Community*

## The Danish Kitchen

Get acquainted with some of the Danish food traditions and the role of the kitchen in Danish homes. Shopping - supermarkets, fresh markets, specialties - Danish foods that you may not know.  
By Hanne Krogh, Kitchen Chef, Odder Højskole

## Gender roles and Dating Culture

The pattern of traditional gender roles in Scandinavia has undergone a revolution over the past 50 years. A humorous lecture on gender roles in Denmark seen from a male and female perspective.  
By Helle Fjord, Sexologist and Couple's Therapist

## Friday – August 11

**Everyday Life** Survival kit for your life in Denmark.

By Tiny Maerschalk, International Community

## Explore Eastern Jutland

Field trip for adults and children. We will go for a bus ride through the countryside and enjoy the landscape while learning about history, geography and cultural traditions.

By Søren Winther Larsen, Head Master, Odder Højskole

**Learn more** about each workshop at <http://www.odderhojskole.dk/en/en/softlanding-in-Denmark>

**For further information:** Contact Lone Skriver (lsp@slaterconsult), phone: 7175 0442

**Seminar language:** English

(Minor changes to the program may occur)

|       | Day 1<br>August 9                 |                     | Day 2<br>August 10              |                     | Day 3<br>August 11   |                     | Day 4<br>August 12       |          |
|-------|-----------------------------------|---------------------|---------------------------------|---------------------|--|---------------------|--------------------------|----------|
|       | Adults                            | Children            | Adults                          | Children            | Adults   | Children            | Adults                   | Children |
| 7.00  |                                   |                     | BREAKFAST                       |                     |  |                     |                          |          |
| 8.45  | Welcome and boarding              |                     | The Danish Labour Market        | Lunch Traditions    | Everyday Life  | Ceramics exhibition | Folk Dance and Departure |          |
| 10.15 | The Resilient Expat               |                     | My Danish Family                |                     | Field Trip: Explore Eastern Jutland                              |                     |                          |          |
| 12.00 | LUNCH                             |                     |                                 |                     |  |                     |                          |          |
| 13.30 | Meet the Danes                    | Time to be creative | Everything about kids           | Ball Games          |  |                     |                          |          |
| 15.00 | COFFEE                            |                     |                                 |                     |  |                     |                          |          |
| 15:30 | Danish Language and peculiarities | Time to be Creative | The Danish Kitchen              | Choir – Danish Song | Preparations for the International Dinner                        | Choir Rehearsal     |                          |          |
| 17:00 | Danish Art                        |                     | Dinner preparations             |                     |  |                     |                          |          |
| 18.00 | DINNER                            |                     |                                 |                     |  |                     |                          |          |
| 19:30 | Walk with Guide                   |                     | Gender Roles and Dating Culture | Movie Night         | International Dinner & Party w. songs, exhibitions and much more |                     |                          |          |