

AGENDA FOR AUPA'S BOARD MEETING

TIME: 21 August 2019, 14.30-16.00

LOCATION: IC Building 1653, Conference room 1 (in the basement, near Dale's Café)

1. Welcome

At Aarhus University we are planning to organize a 4 hour mini conference on PhD Well-being in the beginning of 2020, so that we secure the funding, find speakers and have time to promote among PhD community. Please see the key points below as a frame for the event.

- Theme: PhD Well-being
 - Date: beginning of 2020 (January or February)
 - Location: the different auditoriums at the lakes.
<https://medarbejdere.au.dk/administration/bygninger/arrangementeriuniversitetetslokaler/arrangementer-i-soeauditorierne/nk>. The organizing group should think about the size of the room depending on the amount of attendees and the set-up of the event
 - Set up: We have considered to invite one or two key note speakers and have parallel workshops to get some practical tools. The focus would primarily be AU PhD students but it may be open for students from other Danish universities.
 - Content: We have considered the topics of stress, mindfulness, working conditions, going abroad (sharing stories and creative ways)
 - We have created a document where we write down our ideas about the speakers and topics that the board finds. Please find it in the attachment.
 - Organizing group: an organizing group would consist of AUPA board members and members from the AU local associations. We need to inform Presidents of local associations.
 - Funding: it was agreed to make in collaboration with the local associations and potentially PAND. We can also ask Heads of Graduate Schools to support the event
- ### 2. Update from the meeting with IDA on 21. August. at 12.00 regarding the topic PhD Working Conditions and Wellbeing
- ### 3. Deciding on the date for the next meeting