AGENDA FOR AUPA'S BOARD MEETING TIME: 17.00-19.00 LOCATION: Navitas



GUESTS: ABSENT WITH APOLOGY:

1. Welcome

2. Formalities

a. Election of Chairman

b. Approval of minutes from the last meeting (available via Dropbox)
i. Approved

3. News

- a. There is a PhD student who want to come to the meetings and observei. Approved
- **b.** Hadi would like to join the board
 - i. Approved

4. Health event

- **a.** 11/1 from 16.15-18.30
- **b.** Workshop on how to increase well being and reduce stress.
- c. Sandwiches and beer will be provided
- d. Our role: We organize with the PhD Association from Health
 - i. They will also order the food
 - **ii.** We need to advertise it

5. Follow-up on meeting with heads of graduate schools

- **a.** A new committee about well-being (people from each faculties and one from AUPA).
 - **i.** They are going to meet 4 times a year. First meeting was last week, and the first 'real' meeting is going to be in February
 - **ii.** Discuss what can be done for the well-being at AU
 - iii. On-boarding and webpage: They were positive about these ideas
- **b.** Kristoffer has sent a document with other suggestions we also would be able to implement
- c. Next meeting with heads of graduate schools is in February

6. Budget from the conference

a. Kristoffer and Ana Lucia is going to take care of the rest

7. General assembly

- **a.** First quarter of the year
- **b.** The statutes are on the AUPA website

- **c.** Date: February 23rd at 15.15
- d. Place: Conference center (Emma will book room)
- e. CM: We need a sign-up link (Emma will make CM event)
 - **i.** Advertisement:
 - **1.** Print physical posters
- f. Besides advertisement we need a program/agenda

8. Any other business?

- **a.** A follow up on the conference: Start planning early and book people early. Also consider the conference. Instead of early December, January would be better.
- **b.** It could be a good idea to write down the ideas and put it in the Dropbox.